

Where Community is First!



Thresholds

Since 1959, Thresholds has provided recovery services and hope to individuals struggling with mental illnesses and substance use disorders. Using cutting edge interventions, Thresholds works in real world settings to treat the whole person, rather than just the disease. Thousands of individuals have been helped at more than 100 locations throughout Chicago and the surrounding suburbs through 30 innovative programs, healthcare, housing and employment. Throughout September, stop by First Bank of Highland Park to view artwork created by those in recovery, and see how you can amplify your voice to advocate for people with mental illnesses.